



buzan

Study Tips

for Students of ALL Ages!

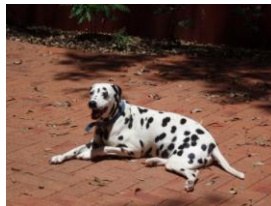
Issue 3: October 2008

Hi Student

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Why do Readers Sub-vocalise?



The answer lies in the ways we were taught to read. Many were taught to read with the *Phonic Method* - sounding out the alphabets: "a" becomes "ah", "b" becomes "buh", and so on. Others of us were taught with the *Look-Say Method* - you were shown a picture (e.g., a dog) with the word representing the object clearly printed below it (DOG) and you would say the word.



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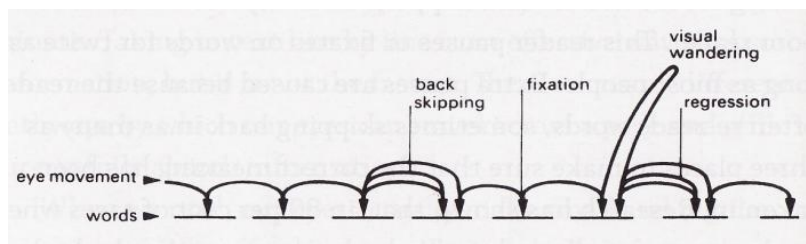
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Once we were able to read with reasonable proficiency, the teacher instructed us to read silently. We moved our lips, but it was silent reading! Most of us got past this stage, but vocalised the words in our heads - we consciously sounded out the words - *sub-vocalisation*.

So, from the ages of 5-7, many were left stranded with fairly basic reading speeds and mediocre comprehension skills (see **below Did You Know That ...**). Readers often slow down their reading speeds in the vain hope of improving comprehension. Our eyes fixate on a word, we back-skip and regress to previous words and soon our minds begin to wander if there is any ice cream left in the freezer.



The good news, according to Tony Buzan, is that word sub-vocalisation cannot and should not be completely eliminated. Accept that it is a universal habit and, over time, depend on it less and less, pushing it further and further into the "semi-conscious".

Did You Know That...

In conjunction with:
Buzan Centre Aust/NZ



Reader	Speed wpm	Comprehension
Poor	10–100	30–50%
Average	200–240	50–70%
Functionally literate	400	70–80%
Top 1 in 100	800–1000	80+%
Top 1 in 1000	1000+	80+%

from *The Speed Reading Book* by Tony Buzan



Buzan Study Skills Workshop is your introduction to Speed Reading.

OR treat yourself to a whole day of Buzan Speed Reading techniques at the Speed Reading Workshop - see below ...

BUZAN WORKSHOPS:
www.visionaryleaders.com.au for details

Buzan Study Skills Workshop:
 Sydney location

Dates:
 Saturday, 22 Nov 2008: 9.30 - 4.30
 Saturday, 21 Feb 2009: 9.30 - 4.30

Buzan Memory Training Workshop:
 Sydney location

Date:
 Saturday, 14 Mar 2009: 9.30 - 4.30

Buzan Speed Reading Workshop:
 Sydney location

Date:
 Saturday, 28 Mar 2009: 9.30 - 4.30

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